

# ANG TANLAG

THE OFFICIAL E-BULLETIN OF THE ROTARY CLUB OF METRO CEBU

OCTOBER 2023

VOL. 04



Metro Cebu  
**Rotary**  
Club



**CREATE HOPE**  
in the **WORLD**

# PROGRAM

## **ROTARY CLUB OF METRO CEBU**

### **RI DISTRICT 3860, CLUB NO. 17123**

Casino Español, Ranudo Street, Cebu City

Every 1st and 3rd Wednesday of the Month, 12NN

### **WELCOME TO OUR BI-MONTHLY REGULAR MEETING!**

- |   |                        |
|---|------------------------|
| 01. Call to Order by<br>Pres. Glenda M. Antonio     | 06. Fellowship Singing |
| 02. Invocation, Anthem<br>and Rotary Hymn           | 07. Secretary's Report |
| 03. The Four Way<br>Test                            | 08. President's Time   |
| 04. The Rotarian Pledge                             | 09. Other Matter       |
| 05. Introduction of Guest<br>and Visiting Rotarians | 10. Adjournment        |

### **Fellowship Continues**



PEACE BUILDING AND  
CONFLICT PREVENTION



DISEASE PREVENTION  
AND TREATMENT



WATER, SANITATION  
AND HYGIENE



MATERNAL AND  
CHILD HEALTH



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AND LITERACY



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# INVOCATION

Lord, we come to you today asking for your guidance, wisdom, and support as we begin this meeting.

Help us to engage in meaningful discussion; allow us to grow closer as a group and nurture our bonds through fellowship.

Fill us with your grace, Lord God, as we make decisions that might affect the community, and members of our club.

And continue to remind us that all that we do here today, all that we accomplish, is for the pursuit of truth for the greater glory of You, and for the service of humanity.

We ask these things in your name.



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# PHILIPPINE NATIONAL ANTHEM

## LUPANG HINIRANG

Bayang magiliw  
Perlas ng Silanganan  
Alab ng puso  
Sa dibdib mo'y buhay

Lupang Hinirang  
Duyan ka ng magiting  
Sa manlulupig  
'Di ka pasisiil

Sa dagat at bundok  
Sa simoy at sa langit mong bughaw  
May dilag ang tula  
At awit sa paglayang minamahal

Ang kislap ng watawat mo'y  
Tagumpay na nagniningning  
Ang bituin at araw niya  
Kailan pa ma'y 'di magdidilim

Lupa ng araw ng luwalhati't pagsinta  
Buhay ay langit sa piling mo  
Aming ligaya na 'pag may mang-aapi  
Ang mamatay ng dahil sa iyo



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# ROTARY HYMN

I want to be a Rotarian for the world,  
 Make the Rotary flag be a flag of peace unfurled;  
 I will serve my community,  
 Help achieve universal unity.  
 Through Rotary, I shall dedicate my all,  
 World understanding shall be my cherished goal.

Refrain:  
 With the Four Way Test  
 I'll pursue my quest  
 And if I, in a way help obtain  
 Peace in the world

I shall not have lived in vain.  
 I'll observe service above self,  
 Lend a hand to all who need my help;  
 I'll get my spouse to involve in Rotary  
 And in Rotary ways I will train my family.

Refrain:  
 With the Four Way Test  
 We'll pursue our quest  
 And if we, in a way help obtain  
 Peace in the world  
 We shall not have lived in vain.

Build a bridge for tomorrow's youth,  
 Strengthened by nothing but the truth;  
 Let's join our hands, there's no reason we'll divide.  
 We shall all understand, while the good Lord is our guide.

Refrain:  
 With the Four Way Test  
 We'll pursue our quest  
 And if we, in a way help obtain  
 Peace in the world  
 We shall not have lived in vain.

Peace be achieved,  
 We shall not have lived... in vain.



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# THE FOUR-WAY TEST

## Of the things we think, say, or do

The Four-Way Test is a nonpartisan and nonsectarian ethical guide for Rotarians to use for their personal and professional relationships.



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## THE ROTARIAN'S PLEDGE

I am a Rotarian.  
I will always uphold the **truth**.

I am a Rotarian.  
I will always strive to be **fair** in all my dealings with my fellow human beings.

I am a Rotarian.  
I will always endeavor to build **goodwill** and **understanding** in my community.  
Among my countrymen, and among peoples of all nations.

I am a Rotarian.  
I will always seek to promote the greatest good for the greatest number of people in the spirit of **Rotary service**.

I am a Rotarian.  
I will always observe Rotary International's motto:

**SERVICE ABOVE SELF.**



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# CLUB OFFICERS AND DIRECTORS RY 2023 - 2024

## CLUB OFFICERS

RY 2023 - 2024

President:	Glenda M. Antonio
Vice-President:	Evelyn T. Nuñez
Secretary & President Elect:	Ma. Emma A. Ramas
Asst. Secretary:	Nicole Clare C. Justo
Treasurer:	Marjorie Bernardo
Asst. Treasurer:	Bart Van Oost
Auditor:	Adrian Lee

## BOARD MEMBERS

RY 2023 - 2024

1. Dr. Josefina Zabate	6. Bart Van Oost
2. Dr. Glenda Antonio	7. Arch. Jonathan Zabate
3. Atty. Evelyn Nuñez	8. Dr. Wyben Briones
4. Ma. Emma Ramas	9. Robert Tito Pacana
5. Dr. Marjorie Bernardo	10. Lambert Lim



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## CLUB COMMITTEE CHAIRS RY 2023 - 2024

1. The Rotary Foundation	Chair: Dr. Wyben Briones Co-Chair: Dr. Marjorie Bernardo
2. Membership	Chair: Roberto Tito Pacana
3. Protocol & Fellowship	Chair: Lambert Lim
4. Public Image/DEI	Chair: Elcasmer Acedo Co-Chair: Vera Cruz
5. Club Administrator	Jonathan Zabate
6. Service Projects and International Affairs	Dr. Josefina Zabate
7. Disease Prevention	Dr. Wyben Briones
8. Maternal and Child Health	Dr. Josefina Zabate
9. Peace and Conflict	Atty. Eddie Barrita and Ernesto Dakay
10. Basic Education and Literacy and Empowering Women	Atty. Evelyn Nuñez
11. Water Sanitation and Hygiene	Dr. Susan Valmayor
12. Community and Economic Development	Marcelo Anthony Igot
13. Environmental Concerns	Dann Diez and Ma. Emma Ramas
14. Disaster and Relief	Jonathan Zabate
15. Election Chair	Atty. Eddie Barrita
16. Ways and Means	Florita Hall



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# GENERAL MEMBERSHIP MEETING OF ROTARY CLUB OF METRO CEBU.



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## SPREADING HOPE AND KNOWLEDGE THIS PINK OCTOBER!

Dr. Tess Annette Serrato Libron, a Surgical Oncology Specialist, illuminated our General Membership Meeting with a powerful Breast Cancer Awareness Seminar. Let's stand together for Breast Cancer Awareness Month 2023.



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# WELCOMING OUR NEWEST ROTARIAN MEMBERS

A warm Rotary welcome to our newest members Ms Yvette Yntig, Fr. Alwen Jimenez, and the returning Dr. Warfe Engracia! We're thrilled to have you join our Rotary Club of Metro Cebu family.

Together, let's continue our journey of service, fellowship, and making a positive impact in our community.



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## HOLY MASS FOR WORLD POLIO DAY 2023

World Polio Day (October 24) provides an opportunity to highlight global efforts toward a polio-free world and honor the tireless contributions of those on the frontlines in the fight to eradicate polio from every corner of the globe.



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# THE END POLIO WALK

The End Polio Walk in celebration of World Polio Day was hosted by the Rotary Club of Metro Cebu participated by the Rotarians and Rotaractors in Rotary International District 3860 - Area 1B.

One Day. One Focus: Ending Polio

World Polio Day is a time for Rotary members, public health advocates, and all who want a world free from polio to come together, recognize our progress in the fight to end polio, and talk about the actions we need to take in order to end polio for good.



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## CELEBRATING WORLD POLIO DAY 2023

The Rotary Club of Metro Cebu, along with Rotary Clubs and Rotaract Clubs from Rotary International District 3860 - Area 1B, as we come together for "One Day, One Focus: Ending Polio."

Today, on this special occasion, we unite with public health advocates and all those dedicated to a world free from polio. Together, we recognize the remarkable progress in our battle against this devastating disease and discuss the vital steps we must take to eradicate polio for good.



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## World Polio Day - A Global Call to Action

### Rotary's Mission: A World Free from Polio

For over 35 years, Rotary has relentlessly worked towards eradicating polio. We're closer to our goal than ever before. Join us in amplifying our message to protect the world's children from this crippling illness.

### Major Milestones Achieved

- A 99.9% reduction in cases caused by wild poliovirus
- Immunization of 3 billion children
- Reduction of endemic polio countries to just two: Afghanistan and Pakistan
- Focused containment in a few districts and provinces

But remember, one case is one child forever changed by polio. We will not rest until no child suffers its paralyzing effects.

### Rotary's Dedication and Impact:

As a founding partner of the Global Polio Eradication Initiative, Rotary has played a monumental role:

- Contributed over \$2.1 billion
- Donated countless volunteer hours
- Protected nearly 3 billion children in 122 countries
- Advocated for governments to contribute over \$10 billion

Today, polio remains endemic only in Afghanistan and Pakistan, but we must keep the world polio-free.

Be with us as Advocate for a Polio-Free World This World Polio Day, let's join hands to advocate for the support needed to make history by eradicating polio.



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## ASSISTANT SECRETARY'S MESSAGE

Dear Fellow Rotarians,

Greetings of Peace to all.

The Rotary Club of Metro Cebu was very happy to be the host club of the Walk to End Polio celebration last October 24, 2023 at the Senior Citizen's park, Cebu City and was participated by the other clubs in Cebu together with our rotaractors.

We also participated in the different district activities in celebration of the Pink October and our club invited Dr. Tess Annette Serrato Libron to give a talk about breast cancer awareness last October 18, 2023 during our regular meeting.

We are excited to join the TRF night on November 18, 2023.

We look forward for our club activities the next months.

We thank everyone for the support and participation in all our club and district activities.

May God continue to bless all of us.

**Nicole Clare C. Justo**  
Assistant Secretary  
RY 2023-2024  
RC Metro Cebu



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## PRESIDENT'S MESSAGE

Dear Fellow Rotarians!

As we gather here, I want to express my gratitude for your unwavering commitment and dedication to our club and its mission.

The past month has been fulfilling as we continue the true spirit of Rotary. We have come together, united in our efforts to make a positive impact in our community and beyond.

I want to take this opportunity to acknowledge each and every one of you for your commitment. Your passion and dedication are what make our club thrive. Together, we have accomplished so much, and I am confident that we will continue to achieve great things in the future.

Let us reflect on the impact we have made and the lives we have touched. Let us remember that our work is not done, and there are still many challenges ahead. But with our shared mission and the support of our fellow Rotarians, I am confident that we will overcome any obstacles that come our way.

Thank you for being a part of this incredible journey. Your contributions, both big and small, have made a lasting difference in the lives of others. I am grateful for your continued support and we continue to serve, inspire, and make a positive impact in our community.

Yours in Rotary,

**Dr. Glenda Antonio**  
President  
RY 2023-2024  
RC Metro Cebu



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